

Oral Treatment Options for Menopausal Symptoms



Oral

Product Name	Active Ingredient(s)	Dosages	Vasomotor Symptoms	Vaginal Symptoms
Enjuvia	Synthetic conjugated estrogens, B	0.3 mg/day, 0.45 mg/day, 0.625 mg/day, 0.9 mg/day, 1.25 mg/day	✓	✓
Ogen <i>(generics available)</i>	Estropipate	0.625 mg/day (0.75 estropipate), 1.25 mg/day (1.5 estropipate), 2.5 mg/day (3 mg estropipate)	✓	✓
Menest	Esterified estrogens	0.3 mg/day, 0.625 mg/day, 1.25 mg/day (3 weeks on, 1 week off)	✓	✓
Premarin	Conjugated estrogens	0.3 mg/day, 0.45 mg/day, 0.625 mg/day, 0.9 mg/day, 1.25 mg/day	✓	✓
Brisdelle	Paroxetine	7.5 mg/day	✓	✗
Osphena	Ospemifene	60 mg/day	✗	✓
Duavee	Conjugated estrogens + bazedoxifene	0.45 mg/day E + 20 mg/day bazedoxifene	✓	✗
Estrace <i>(generics available)</i>	17β-estradiol	0.5 mg/day, 1.0 mg/day, 2.0 mg/day	✓	✓
Vagifem	Estradiol hemihydrate	10 µg, 25 µg 1 tablet/day for 2 weeks, then 1 tablet twice/week	✓	✗
Oral continuous-combined				
Activella <i>(generics available)</i>	17β-estradiol (E) + norethindrone acetate (P)	0.5 mg E + 0.1 mg P/day, 1 mg E + 0.5 mg P/day	✓	✓
Angeliq	17β-estradiol (E) + drospirenone (P)	1 mg E + 0.5 mg P/day, 0.5 mg E + 0.25 mg P/day	✓	✓
femhrt <i>(generics available)</i>	Ethinyl estradiol (E) + norethindrone acetate (P)	2.5 µg E + 0.5 mg P, 5 µg E + 1.0 mg P	✓	✗
Prempro	Conjugated estrogens (E) + medroxyprogesterone acetate (P)	0.3 or 0.45 mg E + 1.5 mg P, 0.625 mg E + 2.5 or 5.0 mg P	✓	✓
Oral continuous-cyclic				
Premphase	Conjugated estrogens (E) + medroxyprogesterone acetate (P)	0.625 mg E + 5.0 mg P (2 tablets: E days 1-14, E + P days 15-28)	✓	✓
Oral intermittent-combined				
Prefest	17β-estradiol (E) + norgestimate (P)	1 mg E and 1 mg E + 0.09 mg P (E alone for 3 days, followed by E + P for 3 days, repeated continuously)	✓	✓
Oral progestogens				
Prometrium	Micronized progesterone	200 mg/day (cyclic for 12/28 days)	✗	✗
Provera <i>(generics available)</i>	Medroxyprogesterone acetate	5 mg/day, 10 mg/day (cyclic 12-14 days/month)	✗	✗

Transdermal Treatment Options for Menopausal Symptoms

Patch, Film

Product Name	Active Ingredient(s)	Dosages	Vasomotor Symptoms	Vaginal Symptoms
Climara Pro	17 β -estradiol (E) + levonorgestrel (P)	0.045 mg E + 0.015 mg P (once weekly)	✓	✗
CombiPatch	17 β -estradiol (E) + norethindrone acetate (P)	0.05 mg E + 0.14 mg P (twice weekly)	✓	✓
Alora <i>(generics available)</i>	17 β -estradiol	0.025 mg E ₂ /day, 0.05 mg E ₂ /day, 0.075 mg E ₂ /day, 0.1 mg E ₂ /day (twice weekly)	✓	✓
Climara <i>(generics available)</i>	17 β -estradiol	0.025 mg E ₂ /day, 0.0375 mg E ₂ /day, 0.05 mg E ₂ /day, 0.06 mg E ₂ /day, 0.075 mg E ₂ /day, 0.1 mg E ₂ /day (once weekly)	✓	✓
Estraderm <i>(generics available)</i>	17 β -estradiol	0.05 mg E ₂ /day, 0.1 mg E ₂ /day (twice weekly)	✓	✓
Minivelle <i>(generics available)</i>	17 β -estradiol	0.025 mg E ₂ /day, 0.0375 mg E ₂ /day, 0.05 mg E ₂ /day, 0.075 mg E ₂ /day, 0.1 mg E ₂ /day (twice weekly)	✓	✗
Vivelle-Dot <i>(generics available)</i>	17 β -estradiol	0.025 mg E ₂ /day, 0.0375 mg E ₂ /day, 0.05 mg E ₂ /day, 0.075 mg E ₂ /day, 0.1 mg E ₂ /day (twice weekly)	✓	✓



Gel, Spray

Product Name	Active Ingredient(s)	Dosages	Vasomotor Symptoms	Vaginal Symptoms
Gel				
Divigel	17 β -estradiol (estradiol gel)	0.25 mg E ₂ /day, 0.5 mg E ₂ /day, 1.0 mg E ₂ /day	✓	✗
Elestrin	17 β -estradiol (estradiol gel)	0.52 mg E ₂ /day	✓	✗
EstroGel	17 β -estradiol	0.75 mg E ₂ /day	✓	✓
Spray				
Evamist	17 β -estradiol	1.53 mg E ₂ /day	✓	✗

Topical/Ring Treatment Options for Menopausal Symptoms

Cream

Product Name	Active Ingredient(s)	Dosages	Vasomotor Symptoms	Vaginal Symptoms
Estrace Vaginal Cream	17 β -estradiol	2-4 g/day, then 1 g 1-3 times weekly	⊗	⊙
Premarin Vaginal Cream	Conjugated estrogens	0.5-2 g/day (3 weeks on, 1 week off or twice weekly)	⊗	⊙

Ring

Product Name	Active Ingredient(s)	Dosages	Vasomotor Symptoms	Vaginal Symptoms
Estring	17 β -estradiol	2 mg for 90 days	⊗	⊙
Femring	Estradiol acetate	0.05 mg/day for 90 days, 0.10 mg/day for 90 days	⊙	⊙